

CBBC

Ride Participation Sign-up Sheet

Leader: _____

Date _____

Ride: _____

Mileage _____

I acknowledge that there is an inherent risk of bodily harm in participation in any bicycling event and agree to assume all such risks. I hereby release and hold harmless the Casco Bay Bicycle Club as well as their officers, organizers, event leaders, sponsors, and individuals for any and all claims, causes of action of liabilities out of my participation in Casco Bay Bicycle Club events. Anyone under 18 years of age must be accompanied by a parent or guardian. All riders agree to Obey the traffic laws and the rules of the road. Helmets are **REQUIRED** to be worn on all rides at all times!!

<u>Name (printed)</u>	<u>Signature</u>	<u>Check if Non-Member</u>	<u>Contact Person or (Doctor)</u>	<u>Emergency Phone #</u>
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____
7. _____	_____	_____	_____	_____
8. _____	_____	_____	_____	_____
9. _____	_____	_____	_____	_____
10. _____	_____	_____	_____	_____
11. _____	_____	_____	_____	_____
12. _____	_____	_____	_____	_____
13. _____	_____	_____	_____	_____
14. _____	_____	_____	_____	_____
15. _____	_____	_____	_____	_____
16. _____	_____	_____	_____	_____
17. _____	_____	_____	_____	_____
18. _____	_____	_____	_____	_____
19. _____	_____	_____	_____	_____
20. _____	_____	_____	_____	_____
21. _____	_____	_____	_____	_____
22. _____	_____	_____	_____	_____
23. _____	_____	_____	_____	_____
24. _____	_____	_____	_____	_____
25. _____	_____	_____	_____	_____
26. _____	_____	_____	_____	_____
27. _____	_____	_____	_____	_____