



BIKE WAY

NEWSLETTER OF THE CASCO BAY BICYCLE CLUB

SERVING THE SOUTHERN MAINE BICYCLING COMMUNITY

Steve Gordon - Editor, 828-7990 stevogordo@hotmail.com
 Dave Clements- President, 657-5854 oldred4000@aol.com
 on the web: www.cascobaybicycleclub.org

Events

April

10 Portland Bicycle-Pedestrian Advisory Committee
 6:00 PM, Room 209, City Hall
 Steve Gordon 828-7990
stevogordo@hotmail.com

20 CBBC meeting O'Naturals
 The wish list will be firmed up so please come and bring your ideas. We should have a busy summer.

May

8 Portland Bicycle-Pedestrian Advisory Committee
 6:00 PM, Room 209, City Hall
 Steve Gordon 828-7990
stevogordo@hotmail.com

20 - 7:00 AM Cumberland Methodist Church - **Dave's Birthday Century-** (This is a great ride. This will definitely prepare you for anything the TREK has to throw at you)

June

16 - 18 Trek Across Maine
http://www.mainejung.org/bike_treks/home_trek.htm

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Join Jody and Patty

To Celebrate EARTH DAY Saturday, April 22, 2006

10:00 AM, 5 Senses Trail walk, Group Meditation, Clue sense game, Potluck

Directions to Jody and Dave's house

RT 100 (Auburn Street) to Cumberland. At blinking light; 4 way intersection of Black Strap Road and Skillin Road (COPP MOTORS on right) turn LEFT onto Black Strap Road After the 95 over pass take 1st RIGHT. This is Forest Lake Road. Follow for ~ 1 3/4 miles; take LEFT onto Cottage Road. His is the last left on Forest lake Road, if you miss it you will come to Dunton Hill Road where you will have to turn left or right. Turn around and come back to first RIGHT. Follow Cottage Road (CAMP ROAD: VERY BUMPY)
 ~ 1.0 mile; right side of road #152 on post; long driveway up hill.
 Beige ranch with Burgundy shutters; fenced in front.

Bikes 4 the Bayou

by Ken O'Brien

Andy Greif of the Community Bicycle Center in Biddford gave a slide show at our March club meeting. He described an effort this winter, "Bikes 4 the Bayou", that sent 417 bicycles donated in Southern Maine to an East Biloxi, Mississippi community hit by hurricane Katrina. The CBBC donated \$1000 to this effort. Our donation paid for about a third of the shipping cost.

Our club has had a relationship with Andy for a few years. Andy has administered a number of Earn-a-Bike and bike repair education youth programs with the help of various sponsors. Roland Lavigne of our club volunteers often as a mentor. I volunteer occasionally.

Andy has made many contacts over the years through these programs. After Katrina hit, he and friend John Brooking heard of organizations asking for bike donations. The bicycles would go to communities that had relatively high bicyclist use even before Katrina hit but where many people had lost almost everything, including their bicycles. The hope was that the bicycles could provide some transportation, and maybe also provide some fun and relief in tough times.

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March 2006

**Casco Bay
Bicycle Club
Officers:**

President

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levere@usm.maine.edu

Membership Coordinator

Jody O'Farrell
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loonsong@maine.rr.com

Newsletter Editor

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stevogordo@hotmail.com

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Events
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July

**7-9 Maine Bike Rally
Yarmouth**

www.bikemaine.org/mainebikerally/index.html

August

**12 - 10 AM - Meet at the ferry terminal and buy a one way ticket to Baily Island and ride back to Portland.
FMI Ken O' Brien 839-5468**

September

**9 - White Mountain Century
Details and signup sheets to follow**

**16 - Fryeburg Frolic
Leave 7:00 AM from the USM Gorham Costello Athletic Center. This is a fully SAG ride with**

a supper at the finish. This is a century for riders of all levels. Details and signup sheets to follow

23 - Beaches Ride and Club Picnic

December

14 - Holiday Party at Verillo's

Roland

One of the volunteers



Bike Shops Offer Member Discounts

Support the bike shops listed below. All of offer CBBC members ten percent discounts on gear and accessories (unless otherwise specified)

Allspeed Bicycle & Ski

1041 Washington Ave. Portland, ME
878-8741, www.allspeed.com

Back Bay Bicycle

333 Forest Ave., Portland, ME
773-6906, www.backbaybicycle.com

Bath Cycle & Ski

U.S. Route 1, Woolwich, ME
1-800-245-3626, www.bikeman.com

Cape Able Bike Shop

83 Arundle Rd. Kennebunkport, ME
1-800-220-0907 www.mnetwork.com/cape-ablebike

Cycle Mania

59 Federal St. Portland, ME
774-2933, www.cyclemania1.com

Ernie's Cycle Shop

105 Connant St, Westbrook, ME
854-4090 bike_boy2002@yahoo.com

Gorham Bike & Ski

1440 Congress St. Portland. ME
773-1700, www.gorhambike.com

Haggett's Cycle Shop

34 Vannah Ave., Portland, ME
773-5117 Offers 10% discount on all purchases

Rainbow Cycle Center

1225 Center St. Auburn, ME
1-800-244-7576, www.rainbowbike.com

Weekly Rides

Wednesdays— Casco Bay Bicycle Club ride (Yarmouth) ; 6:00 PM (2/3-L/M - 13/25 miles), Yarmouth, Hannaford(Shop'n Save) Plaza, Route 1. FMI, call Barbara Stebbins or Ron Levere. 846-4844
stebbins@usm.maine.edu Ends 9/28
The Yarmouth rides will resume in May

Wednesday Night Rides

6:00 PM leaving from Payson Park in Portland. Meet at the basketball courts which have lights. (2/3 - L/M). Rides will continue until snow and or ice make the riding too dangerous. We usually stop for supper at the end of the ride. Call 828-7990 for info.

Thursdays-CBBC ride (Portland) 2nd and 4th Thurs. of the month
Leave from *Back Bay Bicycle Shop* on Forest Ave. in Portland.
20-30 miles 2/3 /M For Info call Steve Gordon: 828-7990 e-mail stevogordo@hotmail.com or talk to Kris Clark at Back Bay Bicycle

Saturdays-----CBBC ride (Yarmouth); **9:00 AM** All year ride (2/3-M-15/25 miles), Yarmouth, Hannaford(Shop'n Save) Plaza, Route 1. FMI, contact Dave Clements. 657-5854

Sundays—9:00 AM. (2/3-L/M/B-20-50 miles), CBBC ride (Gorham); meet at the USM Field House on the Gorham Campus. Take Route 114 North from the intersection with Route 25 in the middle of town. At the blinker, 1/4 mile, turn left, field house is the second house on the right. FMI, contact Ken O'Brien 839-5468

Ride Key

TERRAIN

- 1 = Flat with a few easy grades
- 2 = Flat with a few rolling hills
- 3 = Rolling to moderate grades
- 4 = Rolling with some steep grades

PACE

- F = Family (less than 9 mph)
- L = Leisurely (9 -12 mph)
- M = Moderate (13 - 16 mph)
- B = Brisk (17 - 20 mph)

Bikes 4 the Bayou from Page 1

John, Andy and the committee they formed worked over a number of months to put this effort together, gathering many sponsors, volunteers and donations.

Andy shared pictures taken during the whirlwind weekend when bikes were fixed, flattened and packed onto a tandem tractor-trailer. Surprise TV news coverage of the event on Saturday resulted in a traffic jam around the Saco Armory Sunday, as people from all over Northern New England came to drop off bike donations. It was unfortunate, but Andy had to turn people away when he realized we had many more bikes than could fit on the truck. The ever pleasant and diplomatic Fred Robie was assigned the difficult job of turning away late donations.

Andy had not planned to follow the bicycles down to Mississippi, but the Maine volunteers donated money to help pay his travel expenses. We surprised Andy with the collection at the end of the packing weekend. Therefore, Andy had pictures from East Biloxi to share with us.

Andy stayed in what he suspects might have been a garden shed from Home Depot placed onto a house slab. No running water, but it already had cable TV.

He had a number of powerful images. There was a picture

from Andy's front door: acres of slabs and trailers in what once was a neighborhood of homes. Another picture showed a six story building with massive damage from its second to fourth floor. The damage was from a floating barge gambling casino carried by storm surge and wave. It had crashed into the building at that height. There was a picture of smiling siblings astride their bicycles, backed by their grandmother with a stunned, shell-shocked expression.

It was interesting to hear how Andy assembled a rag tag band of volunteers to unflatten the bicycles. It seems he gathered them from an environment of confusion and destruction, as awash with loosely organized groups of volunteers coming from all over the nation as it was awash with storm detritus.

Andy also shared with us new ideas this effort gave him for recycling bicycles and providing cheap transportation for many of the workers who come to Maine in summer months to work in the vacation industry.

To see pictures and learn more about Andy's efforts:

<http://www.bikes4thebayou.org>
<http://www.communitybike.net>

Andy and John Brooking will show this story again at the Friday night slide show of this year's Maine Bike Rally, July 7th-9th. Come to the rally to see the story again and get updates on their work.

Ken O'Brien at work

Preparing bikes for the trip





BIKE WAY

CBBC - P.O. Box 10523
PORTLAND, ME 04104

First Class

Notice: check the date below your address on the mailing label of this newsletter and renew before that date.

CBBC meetings are held on the third **Thursday** of the month at 7:00 PM. FMI, Call Dave Clements at 875-2589

Casco Bay Bicycle Club Application Form

Name(s): _____

Address: _____

City: _____ **State:** ____ **Zip:** _____

Phone: (H) _____ **(W)** _____

(E-Mail) _____

Include me on the CBBC e-mail distribution list: Yes__No__

For Club use:

Member # _____

Date paid _____

Amt. Paid _____

Expires _____

Mail to:

CBBC
P.O. Box 10523
Portland, ME 04104

I acknowledge that there is inherent risk of bodily harm in participation in any bicycling event and agree to assume all such risks. I hereby release and hold harmless Casco Bay Bicycle Club as well as their officers, organizers, ride leaders, sponsors and individuals for all claims, causes of action liabilities out of my participation in Casco Bay Bicycle Club events. I am at least 16 years of age and agree to obey traffic laws and rules of the road.

Signature: _____ **Date:** _____

Membership: Individual rate - \$15.00 New _____ Renewable annually in the

nally joined Family Rate - \$25.00 Renewal _____ month origi-